

# PRAYING ALWAYS



As we pray around issues relating to mental health, many of us will have had family and personal experience in this area. Mental health is a real, though often unaddressed, issue. In this Praying Always, for each day of the month there are four prompters for prayer, including a verse of scripture and a charity or organisation to pray for. I have tried to cover all people – as there will be needs and difficulties in all areas of life. Please add any needs from your own church and family, as they come to mind. 'Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable – if anything is excellent or praiseworthy – think about such things... And the God of peace will be with you...' 'The grace of the Lord Jesus Christ be with your spirit. Amen' (Philippians 4:8-9+23).

- 1  **GENESIS 41:8** // Mencap // Those affected by suicide // Those who are widowed
- 2  **DEUTERONOMY 28:65** // Rehabilitation units // All who are bereaved // Families
- 3  **JOB 38:36** // Mental Health Foundation // Those who are unemployed // Marriages
- 4  **PSALM 26** // Together // Those in retirement // Children and Young people
- 5  **PSALM 42** // The Centre for Mental health // Full-time carers // Mothers
- 6  **PSALM 139** // Depression Alliance // Ex-servicemen and women // Fathers
- 7  **PROVERBS 12:25** // PANDAS (Post-natal Depression) // Those who are addicted to alcohol // Grandfathers
- 8  **PROVERBS 23:33** // Citizens Advice // Those who are addicted to drugs // Grandmothers
- 9  **ECCLESIASTES 2:22-23** // Childline // Medical professionals // Young carers
- 10  **ISAIAH 26:3** // Young Minds // Those who are suffering with Dementia & Alzheimer's Disease // Scout leaders
- 11  **DANIEL 2:1-29** // Age Concern // People working in retirement homes // Youth Workers
- 12  **DANIEL 7:15-28** // Night Line // Families you know who face difficulties // Teachers
- 13  **MATTHEW 6:25-24** // Refugee Council // Those who live with low self-worth // Doctors
- 14  **MATTHEW 16:23** // Headway // Those who suffer with guilt & shame // All who are displaced
- 15  **MATTHEW 22:37** // Teacher Support Network // Those who suffer from fear & anxiety // Funeral Directors
- 16  **MARK 3:21** // Retreat centres // Those who carry unresolved bitterness & resentment // Ambulance & paramedic workers
- 17  **MARK 5:15** // Hospices and workers // Single parent families // Nurses
- 18  **LUKE 21:14** // Alcoholics Anonymous // Those who have been through painful divorces // Those who live alone
- 19  **LUKE 24:38** // Anxiety UK // Those who have suffered brain damage // Clergy
- 20  **JOHN 11:33** // Samaritans // Hospitals // All who are lonely
- 21  **JOHN 12:27 + MATTHEW 14:33** // Mind // Schools and SEND provision // Fire Fighters
- 22  **JOHN 14:1+27** // Place2be (a school-based charity) // Those who are sleeping rough // Those serving the Royal Air Force
- 23  **ROMANS 1:28** // SANE // Asylum seekers // Those who serve in the Army
- 24  **ROMANS 7:23-25** // Together for Mental Wellbeing // Families who are separated // Those who serve in the Royal Navy
- 25  **ROMANS 8:6-7+27** // Mental Health Foundation // Those caught up in slave trafficking // Head Teachers
- 26  **ROMANS 12:2** // MHA Dementia Units // Councillors and those in training // Care at Home workers
- 27  **1 CORINTHIANS 2:9** // Alzheimer's Society // Those who are suffering from depression // Boys' and Girls' Brigade Leaders
- 28  **2 CORINTHIANS 2:13** // Gamblers Anonymous + Narcotics Anonymous // Those who feel of no value // Prison Officers
- 29  **EPHESIANS 6:12-18** // Christians Against Poverty // Psychologists & Psychiatrists // Police Officers
- 30  **PHILIPPIANS 4:6-9** // Acorn and other Christian Counselling Services // Healing in and through the Church // Lawyers
- 31  **COLOSSIANS 3:1** // Survivors' Trust // Those who feel discouraged in the workplace // Full-time carers

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Any prayer requests for the next issue should be sent to the Revd D Kevin Jones:  
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*(Kevin is also available to lead Church groups, seminars and retreats on prayer.)*