



PRAYING ALWAYS

*Roz Addington,
MET's Prayer Secretary*

What turmoil and volatility our nation is in. The news is dire - rising food prices and energy costs, strikes, rising crime and violence. Over the summer, parts of the country experienced drought. People are struggling to make ends meet, businesses are finding it hard to cope, leading to increased anxiety. The NHS is struggling, and all coming on top of the Covid pandemic. We seem to go from one crisis to another. We have turned away from God and we can now see the consequences. People are looking to the government

to fix everything. But can the government, on its own, really solve the ills of our nation? We should be turning to God and seeking him. It tells us in Ephesians 6:18 'to pray in the spirit on all occasions with all kinds of prayers and requests.' This we must do urgently, praying for repentance and revival as it is only a turning back to God which can heal our nation.

If you wish to contact Roz with any prayer requests then please email her at: roz.addington1@btinternet.com



WEEK 1 | THE CHURCH

1. **Repentance:** From the move away of Biblical holiness, to a seeking of Godly wisdom rather than human wisdom and science; seeking the power of the Holy Spirit. (Philippians 3:18-19; Psalm 51:16-17).
2. **Church leaders:** the President and Vice President of Conference, Graham Thompson and Anthony Boateng; Chairs of District, Superintendents, Presbyters, Deacons and lay workers; Local Preachers and leaders of worship. (Isaiah 55:8-9; Matthew 6:33).
3. **Scriptural Holiness:** a return to Biblical teaching and a true seeking of God; for the centrality of prayer at all levels within the church; for the power of the Holy Spirit to fall, burning up all false teaching and ideologies. (2 Timothy 4:1-5; Matthew 7:21)
4. **Mission and vision:** renewed vision; a seeking of God's guidance for the church connexionally; empowerment of the Holy Spirit; boldness to evangelise our communities in creative ways; revival. (Psalm 118:6-7; 2 Timothy 1:6-7).
5. **The work of MET:** For the 3R's: re-kindling of the Wesleyan vision, renewing the Wesleyan vision and raising up of a new generation of Wesleys; moving forward into the future; for David Hull as Chair; the Trustees; the Executive; for Derek Balsdon as he moves to a new phase of ministry; for MET members who are taking on new roles of leading prayer and Bible studies; for all those within the Methodist Church who struggle with the God in Love Unites Us decisions and who are seeking a way forward. (Isaiah 41:10-13; Hebrews 10: 22-24).
6. **Cliff College:** Ashley Cooper as Principal and all the staff; a continuation of the authority of Scripture to be upheld; students to grow in Biblical faith; good opportunities to put their learning into practice. (Psalm 25: 4-5; Colossians 3:23-24).
7. **Children and young people:** Nathan Veall, seeking to reach out to those at university and those in employment; the initiative of WHOTWAY; all who work with children and young people; clear Biblical teaching; inspiration and guidance through the Holy Spirit. (Proverbs 22:6; Matthew 19:13-14)



WEEK 2 | GREAT BRITAIN

1. **The Government:** Wisdom and strength for the new Prime Minister, Liz Truss; the formation of a new Cabinet; the formulating of godly policies to tackle the many ills in our nation; courage to move forward, putting the needs of the country first; a return of integrity. (Philippians 2:3-4; Proverbs 11:14)
2. **Economic situation:** The rising cost of living, particularly energy prices; increased personal debt; those struggling to make ends meet; creative solutions; a deep hunger for God in individuals. (Matthew 6:31-33; Micah 6:8)
3. **NHS & social care:** Adequate resources, both in funding and personnel; better communication between departments and the various services; children's services; mental health provision; care packages and help for vulnerable people to allow them to return home. (Zechariah 7:9-10; Ephesians 4:32).
4. **Revival:** An awakening across the country to the need for God; Godly answers to the complex issues facing our country; for the Holy Spirit to convict people of corporate selfishness, pride, greed, arrogance, self-righteousness, and egotism; a turning back to Biblical values. (Isaiah 55:6-7; Psalm 80:17-19).
5. **Charities and food banks:** Necessary funding; support in reaching those who are struggling with the cost of living; Christians Against Poverty (CAP); those reaching out to the marginalised and vulnerable; the homeless. (Matt. 6:1-4; Proverbs 22:16).
6. **Gangs, knife crime and County Lines:** Youngsters caught up in gang culture and the related problems of knife crime and drug abuse; those who reach out to these young people; those trapped in County Lines; protection for vulnerable young people. (Psalm 145:17-19; Jeremiah 33:3).
7. **Christians in the workplace:** Those struggling to stand up for Christian values in their places of work, especially in Parliament and the media; courage and boldness to speak out, without fear of discrimination; protection against false accusations and lies. (Isaiah 43:1-3; Psalm 27: 1-3).



WEEK 3 | WORLD ISSUES

1. **World instability:** China/Taiwan: for stabilising of tensions; the up-holding of Taiwan's democracy and independence; cessation of military exercises; peace talks. Russia/Ukraine: Russia to stop the invasion of a sovereign country; strength and courage for the Ukrainian people; refugees; necessary resources. (Matthew 5:9; Psalm 32:7-8).
2. **The Persecuted Church:** Afghanistan and other Islamic controlled countries; basic human rights to be upheld; justice and fair treatment; other countries where Christianity is suppressed; release of those in detention; strength and resilience for those suffering. (James 1:12; Philippians 4:19).
3. **World poverty:** People living in poverty; compassion and aid from the richer nations; provision for those facing starvation; adequate sanitation and housing; health care. (1 John 3:17-18; Proverbs 14:31).
4. **War torn areas of the world:** Those who have lost everything; refugee camps; resources to tackle the associated problems of famine and disease; adequate funding for relief and aid agencies; safe access to the most desperate. (Psalm 55:22; Proverbs 11:24-25).
5. **Those living under repressive regimes:** Nations where there is no democracy, particularly Hong Kong, Russia, Myanmar, Belarus, North Korea and Islamic states; those detained for speaking out; access to basic human rights; exposure of injustices; governments to take action. (Proverbs 31:8-9; Psalm 72:12-14).
6. **Natural disasters:** People displaced by earthquakes, fires, floods, storms, and drought; those who no longer have land to make a living; financial and mental health support; aid agencies working to alleviate the suffering; finance to rebuild infrastructure, particularly in poorer nations. (Galatians 6:2; Acts 20:35).
7. **Terrorism:** perpetrators of terror to encounter God; victims to find the peace of the Lord; change to regimes across the world which encourage acts of terror; cyber-attacks. (2 Thessalonians 1:6-7; Psalm 10:17-18).



WEEK 4 | THE NATURAL WORLD & CLIMATE CHANGE

1. **Repentance:** Forgiveness for our abuse of our planet; our ravaging of its resources; destruction of its eco-systems; pollution of the land and sea, causing reduction in biodiversity. (Isaiah 24:4-6; Revelation 4:11)
2. **Britain:** To commit to pledges made to reduce carbon emissions; our 'throw away' society; reduction of plastics; pollution of water ways - legislation to prevent sewage being dumped in our rivers; increase of the public conscience to stop littering the environment. (Psalm 104:24-25)
3. **Carbon emissions:** An urgency among governments to act collaboratively; new technologies to reduce these emissions; financial guarantees from wealthier nations to enable poorer nations to make greener and more sustainable choices. (Jeremiah 2:7; Hebrews 11:3).
4. **Rising sea levels:** Those living in low lying coastal regions; sufficient aid for those affected; climate refugees. (Psalm 82:3-4; Psalm 95:3-5).
5. **Illegal logging:** Financial help to tackle the problem; perpetrators to be brought to justice; prevention of loss of habitats and the extinction of wildlife, adding to the problem of increased carbon emissions and rising sea levels. (2 Chronicles 7:14 & 4-9; Jeremiah 32:17)
6. **Plastics:** Commitment worldwide to reduce, all plastics; for environmentally friendly materials to be found; political will around the world to bring in legislation and funding enabling this to happen; the clearing up of polluted habitats. (Isaiah 24:4-6; 1 Timothy 4:4).
7. **Changing weather patterns:** Areas where there is hardship due to natural disasters; new strains of crops to stand extremes of weather; farmers coping with these extremes of weather; cry to the Lord for mercy. (Psalm 136:1 & 4-9; Colossians 1:16-17).