



PRAYING ALWAYS

*Roz Addington,
MET's Prayer Secretary*

Do not fear, be brave, have courage, do not worry, I am with you, I will never leave you, keep your eyes fixed on me: all are words which God has given me over the past months. We are living in unprecedented times and things are difficult with all that is going on within our nation. God has clearly said that things will become tumultuous, and indeed that has begun. However difficult the times are, however difficult they may become, we can always have the hope that God is with us and we will come through these difficult times. We must always keep that hope

before us, trust in the one who saves us, the one who will carry us through whatever might happen. God is much stronger than anything that can be thrown at us, and he will sustain us through it all. Beyond the turmoil, lies the promise of better times and a time of renewal and revival. God's message to us is, keep your eyes fixed on him and he will be with us.

If you wish to contact Roz with any prayer requests then please email her at: roz.addington1@btinternet.com



WEEK 1 | THE CHURCH

- 1. Repentance:** Moving away from biblical holiness; reliance on human wisdom and science; following the way of the world; denying the power of the Holy Spirit (Romans 12:1-2; Galatians 6:7-8).
- 2. Church Leaders:** the President and Vice President of Conference, Graham Thompson and Anthony Boateng; Chairs of District, Superintendents, Presbyters, Deacons and Lay Workers; Local Preachers and Leaders of Worship (Acts 20:28-30; 1 Timothy 1: 3-7).
- 3. Scriptural Holiness:** For the centrality of prayer at all levels within the church; for the wind of the Holy Spirit to fall bringing holiness, repentance and a thirst for seeking God's truth in Scripture (Ephesians 6:18; John 16:13).
- 4. Mission and Vision:** A seeking and searching for God's vision for our church; for ears to hear God speaking; an openness to, and guidance from the Holy Spirit; boldness to reach out to our communities in creative ways (Matthew 6:33; Psalm 105:1-4).
- 5. The work of MET:** For the 3R's: re-kindling the Wesleyan vision, renewing the Wesleyan mission and raising up of a new generation of Wesleys; God's provision and guidance for the future; for David Hull as Chair; the Trustees; the Executive; for MET members leading prayer meetings and Bible studies; those in the Methodist Church struggling with the God in Love Unites Us report and who are seeking a way forward (Isaiah 58:11-12; Colossians 1:9-11).
- 6. Cliff College:** The Principal, Ashley Cooper, and the staff; the launch of a new degree course; the recruitment of students, both residential and on-line; development of links with the Methodist Church in Ireland; thanks for the success of the 2022 Trek and prayers for one planned during Holy Week, 2023 (Isaiah 43:18-19; Psalm 91:1-2, 14-16).
- 7. Children and Young People:** Nathan Veall, our executive member seeking to reach out to the younger generation at university and in the workplace; youth and children's workers across the connexion; clear biblical teaching; inspiration and guidance through the Holy Spirit (Psalm 143:8-10; James 2:13-18).



WEEK 2 | GREAT BRITAIN

- 1. The Government:** Wisdom and strength for the new Prime Minister, Rishi Sunak and the Chancellor of the Exchequer, Jeremy Hunt; a return to God at the centre of government and the formulating of godly policies; for integrity, justice, and courage in moving forward and working for the common good of all (Zechariah 7:8; Proverbs 29:4).
- 2. Economic Situation:** The rising cost of living; increased personal debt; those struggling to make ends meet; charities seeking to alleviate the suffering, particularly Christian organisations, and food banks; a deep hunger for seeking God in individuals (Matthew 25:34-40; Deuteronomy 28:1-2).
- 3. NHS & Social care:** Adequate resources, both in funding and personnel; the backlog of people awaiting treatment; better communication between departments and the various services; children's services; mental health provision; care packages and help for vulnerable people to allow them to return home; the homeless (1 Peter 5:7; Philippians 4:13).
- 4. The Royal Family:** King Charles III and the Queen Consort, the Prince and Princess of Wales as they take up new roles: for wisdom as they move forward; the forth coming Coronation on 6 May; harmony within the wider Royal Family; continuation of the Christian principles of the late Queen Elizabeth II (1 Timothy 2:1-2; Psalm 2:10-11).
- 5. Northern Ireland:** Minister for Northern Ireland, Chris Heaton-Harris; The Northern Ireland Protocol; the Stormont crisis and an answer to the deadlock; unity within the political parties and the will to seek a workable solution (Romans 15:5-7; James 3:16-18).
- 6. Gangs, Knife Crime and County Lines:** Youngsters caught up in gang culture and the related problems of knife crime and drug abuse; those trapped in County Lines; protection for vulnerable young people; those who reach out to these young people; the police as they tackle these situations (Psalm 107:13-16; Psalm 9:9-10).
- 7. Christians in the Workplace:** Those struggling to stand up for Christian values in their places of work, especially in Parliament and the media; for their integrity to shine out as an example to others; courage and boldness to speak out against injustices; protection against false accusations and lies (Joshua 1:7-9; 2 Thessalonians 3: 2-3).



WEEK 3 | WORLD ISSUES

- 1. Russia/Ukrainian War:** Thanks for ground regained by Ukraine; for Putin to do nothing rash in response to the retreats from ground taken; strength and resolve for Ukrainian troops and people; a stop to continuing conflict; resources for re-building the infrastructure; refugees (Psalm 55:16-19; Psalm 31:16-20).
- 2. The Persecuted Church:** Afghanistan and other Islamic controlled countries; North Korea, China, Myanmar, Belarus, Russia; basic human rights to be upheld; exposure of injustices; justice and fair treatment; release of those in unfair detention; strength and resilience for those suffering (Psalm 145: 17-20; Romans 8:35-39).
- 3. World Poverty:** People living in poverty; compassion and aid from the richer nations; provision for those facing starvation; adequate sanitation and housing; health care sufficient resources for charities providing relief (Psalm 9:18; James 2:5-7).
- 4. War Torn Areas of the World:** Innocent victims; refugee camps; adequate funding for relief and aid agencies to tackle famine and disease; safe access to the most desperate; those affected to find their hope through the redemptive love of Jesus (Psalm 46: 8-11; Proverbs 14:31-32).
- 5. Natural Disasters:** Climate refugees; those who no longer have land to make a living; aid agencies working to alleviate the suffering; finance to re-build infra structure, particularly in poorer nations; the will of world leaders to tackle underlying causes (Nahum 1:7; Philippians 4:18).
- 6. Terrorism:** Perpetrators of terror to encounter God; victims to find the peace of the Lord; change to regimes across the world which encourage acts of terror; cyber-attacks (Romans 12:19-21; Psalm 34:13-18).
- 7. The World Economic Situation:** For world leaders to seek godly wisdom rather than human wisdom and science for solutions; a working together for the good of everyone; courage for bold decisions; for world populations to seek and accept godly solutions (Proverbs 28:2-4; Psalm 2: 1-2 & 10-11).



WEEK 4 | THE NATURAL WORLD & CLIMATE CHANGE

- 1. Repentance:** Forgiveness for our abuse of the planet; our ravaging of its resources; destruction of its eco-systems; pollution of the land and sea, causing reduction in biodiversity (Isaiah 24:4-6; Revelation 4:11).
- 2. Britain:** Commitment to pledges formulated to reduce carbon emissions; our 'throw away' society; reduction of plastics; pollution of water ways - legislation to prevent sewage being dumped in our rivers; public resolve to halt the detrimental effect of litter in the environment (Colossians 1:16-20; Psalm 8:3-9).
- 3. Carbon Emissions:** An urgency among Governments to act collaboratively; new technologies to reduce these emissions; financial guarantees from wealthier nations to enable poorer nations to make greener and more sustainable choices (Jeremiah 2:7; Nehemiah 9:6).
- 4. Rising Sea Levels:** Those living in low lying coastal regions; sufficient aid for those affected; climate refugees (Psalm 104:24-25; Psalm 95:3-5).
- 5. Illegal Logging:** Financial help to tackle the problem; perpetrators to be brought to justice; prevention of loss of habitats and the extinction of wildlife, adding to the problem of increased carbon emissions and rising sea levels (2 Chronicles 7:13-14; Jeremiah 12:4).
- 6. Plastics:** Commitment worldwide to reduce, all plastics; for environmentally friendly materials to be found; political will around the world to bring in legislation and funding enabling this to happen; the clearing up of polluted habitats (Isaiah 24:4-6; 1 Timothy 4:4).
- 7. COP27 Agreements:** Implementation of the decisions made; for governments to take seriously the peril our planet is in; to become good stewards of the natural world and its resources; commitment to release finance to poorer nations; collaboration and the working together to bring meaningful change (Genesis 2:15; 1 Peter 3:8-9).