

RESOURCE REVIEW



kitchen
table
project

Inspire a faith that lasts



INSPIRING A FAITH THAT LASTS IN OUR CHILDREN

Kitchen Table Project – from Care for the Family

Just 50% of children growing up in Christian homes keep their faith as adults. Care for the Family came across this statistic a few years ago and really wanted to do something about it. As a mum to two daughters, that 50% really hit my heart. I want my girls to grow physically, emotionally, socially and intellectually – but more than anything my heart's desire is that they will know Jesus for themselves.

But there are many obstacles to that. Lots of parents don't know where to start or feel unqualified to nurture their children's faith. And even if our churches provide amazing children's work, they only have such a small proportion of time with the children compared to the opportunity parents have with their children every day.

Moses puts it beautifully in Deuteronomy 6:5-7. He says: "These commandments that I give you today are to be on your hearts. Impress them on your children. Talk about them when you sit at home and when you walk along the road, when you lie down and when you get up."

So how can churches work with parents in putting God at the heart of our homes? It's not just about what our churches do on a Sunday, but about encouraging parents as they share their faith with their children as part of everyday life.

That's where The Kitchen Table Project from Care for the Family comes in. It encourages mums, dads, carers and churches to join together to support each other and share ideas.

A great starting point is the Inspire session, an easy-to-run small group discussion to help parents and carers – and grandparents – to start talking about how to nurture faith. The materials are all free to download at kitchentable.org.uk/inspire.

There are also free fun activities that parents and churches can use to build intergenerational relationships. With The Big Scrumptious Faith-Filled Feast activity mats you can gather to eat food, play games, and share stories of what God has done in our lives.

And the Scavenger Hunts encourage families to join together to explore God in nature – there are four different ones to use throughout the spring, summer, autumn and winter.

We are also excited that our brand new church leaders' training resource that will help churches develop their family ministry is coming soon. To find out more, sign up for our monthly emails, which are full of practical ideas, encouragement and resource reviews. Or follow us on social media for tips and ideas –

   @ktpcampaign

Find out more about all of these resources and sign up for emails at kitchentable.org.uk

Written by Claire Burton, Project Manager for the Kitchen Table Project. Claire and her husband Lawrence are senior leaders at their local church and have two fun-loving daughters.

